



VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA

SUMMER CAMP

Personality Development Camp for Children

Physical Level : To develop a healthy physique; physical exercises, asanas, kriyas and breathing exercises.

Mental level : For clarity in thinking and improvement of concentration and memory; pranayama and meditation.

Emotional level : For brotherhood feeling and development of creative abilities; group living, patriotic songs, Gita chanting, bhajans, Games, happy night - assemblies etc.

Intellectual level : For broadening the horizons of knowledge; lectures on Indian culture & heritage, great personalities, moral stories and quiz etc.

4th Batch

1st May to 10th May

@ Prashanthi Kutiram

Age Group : 9 to 14 years

Fees : Rs 10,000

Contact :

080-26612669/26608645

Mobile : 9742206004

These will help to bring out the inherent potentialities in the young ones from an early age.
So do not miss the opportunity.

