



स्वामी विवेकानन्द योग अनुसंधान संस्थान  
**Swami Vivekananda Yoga Anusandhana Samsthana**

**Deemed to be University u/s 3 of the UGC Act, 1956**

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SVYASA/COE/Ph.D/Viva/10/2025-26

Date:10.11.2025

## **Notification**

**Sub:** Open -defense and Viva-voce examination on **17.11.2025**

It is hereby notified that the open-defense and viva-voce examination of Ph.D. Scholar **Savithri Nilkantham** for her thesis entitled “**Efficacy of Integrated Yoga as an Effective Non-Invasive Therapy in the Management of Hypothyroidism in Adults – A Tele-Yoga Program**” worked under the guidance of Dr. Amit Kumar Singh, Dr. Vijaya Majumdar & Dr. H R Nagendra in the Division of Yoga and Life Sciences is scheduled to be held on **17.11.2025** at **03:00 PM in online mode.**

By Order of Hon'ble Vice - Chancellor

Dr. Gaurav Sinha  
Controller of Examinations

**To:**

- 1) Ph.D. Course coordinator
- 2) Dr. Amit Kumar Singh, Research Supervisor
- 3) Dr. Vijaya Majumdar, Co-Research Supervisor
- 4) Dr. H R Nagendra, Co-Research Supervisor
- 5) Prof. M. Jayaraman, Dean of Academics
- 6) Dr. Hemant Bhargav, National Reviewer
- 7) Prof. Jon Wardle, International Reviewer

**Copy to:**

- 1) PS to Chancellor/Pro-Chancellor/Vice Chancellor/Pro Vice Chancellor/Registrar/Deputy Registrar/Finance Officer
- 2) Dean of Academics/Dean Division of Yoga and Life Sciences
- 3) Office Copy