



स्वामी विवेकानन्द योग अनुसंधान संस्थान
Swami Vivekananda Yoga Anusandhana Samsthana

Deemed to be University u/s 3 of the UGC Act, 1956

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SVYASA/COE/Ph.D/Viva/11/2025-26

Date:29.11.2025

Notification

Sub: Open -defense and Viva-voce examination on **03.12.2025**

It is hereby notified that the open-defense and viva-voce examination of Ph.D. Scholar **Arun Thulasi** for his thesis entitled “**COVID-19 Pandemic - Impact of Tele Yoga on Mental Health & Quality of Life in Adolescents**” worked under the guidance of Dr. Vikas Rawat in the Division of Yoga and Humanities is scheduled to be held on **03.12.2025** at **09.30 AM(IST) in online mode.**

By Order of Hon'ble Vice - Chancellor


Dr. Gaurav Sinha
Controller of Examinations

To:

- 1) Ph.D. Course coordinator
- 2) Dr. Vikas Rawat, Research Supervisor
- 3) Prof. M. Jayaraman, Dean of Academics
- 4) Dr. V. Duraisami, National Reviewer
- 5) Dr. Vijaya Kavuri, International Reviewer

Copy to:

- 1) PS to Chancellor/Pro-Chancellor/Vice Chancellor/Pro Vice Chancellor/Registrar/Deputy Registrar/Finance Officer
- 2) Dean of Academics/Dean Division of Yoga and Humanities
- 3) Office Copy