



स्वामी विवेकानन्द योग अनुसंधान संस्थान  
**Swami Vivekananda Yoga Anusandhana Samsthana**

Deemed to be University u/s 3 of the UGC Act, 1956

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SVYASA/COE/Ph.D/Viva/8/2025-26

Date:04.08.2025

## **Notification**

**Sub:** Open -defense and Viva-voce examination on **08.08.2025**

It is hereby notified that the open-defense and viva-voce examination of Ph.D. Scholar Budhi Bal Rana for his thesis entitled **“A Comparison of High Frequency Yoga Breathing (HFYB) with Breath Awareness (BAW) and Aerobic Exercise Assessing Neuroplasticity by Gamma Oscillation, BDNF Levels and Cognitive Task Performance”** worked under the guidance of Dr. Deepeshwar Singh in the Division of Yoga and Life Sciences is scheduled to be held on **08.08.2025 at 03:00 PM in online mode.**

By Order of Hon'ble Vice - Chancellor

Dr. Gaurav Sinha  
Controller of Examinations

**To:**

- 1) Ph.D. Course coordinator
- 2) Dr. Deepeshwar Singh, Research Supervisor
- 3) Prof. M. Jayaraman, Dean of Academics
- 4) Dr. Rudra Bhandari, National Reviewer
- 5) Dr. Mohamed Yacin Sikkandar, International Reviewer

**Copy to:**

- 1) PS to Chancellor/Pro-Chancellor/Vice Chancellor/Pro Vice Chancellor/Registrar/Deputy Registrar/Finance Officer
- 2) Dean of Academics/Dean Division of Yoga and Life Sciences
- 3) Office Copy