



स्वामी विवेकानन्द योग अनुसंधान संस्थान
Swami Vivekananda Yoga Anusandhana Samsthana

Deemed to be University u/s 3 of the UGC Act, 1956

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SVYASA/COE/Ph.D/Viva/4/2025-26

Date:28.05.2025

Notification

Sub: Open -defense and Viva-voce examination on 02.06.2025

It is hereby notified that the open-defense and viva-voce examination of Ph.D. Scholar Manisha Mona for her thesis entitled **“Safe Use of Screen Time among Adolescents - A Randomized Control Study for the Efficacy of Yoga”** worked under the guidance of Prof. Sony Kumari & Dr. Nitin Anand in the Division of Yoga and Management is scheduled to be held on **02.06.2025 at 11.00 AM in online mode.**

By Order of Hon'ble Vice - Chancellor


Prof. Sony Kumari
Controller of Examinations

To:

- 1) Ph.D. Course coordinator
- 2) Dr.Sony Kumari, Research Supervisor
- 3) Dr. Nitin Anand, Co- Research Supervisor
- 4) Prof. M. Jayaraman,Dean of Academics(Incharge)
- 5) Dr.Vijay Singh Gusain, National Reviewer
- 6) Dr. Suraj Sakya, International Reviewer

Copy to:

- 1) PS to Chancellor/Pro-Chancellor/Vice Chancellor/Pro Vice Chancellor/Registrar/
Deputy Registrar/Finance Officer
- 2) Dean of Academics/Dean Division of Yoga and Management
- 3) Office Copy