Information & Q/A on Foreign YIC

What they will be capable of on completion of the course
They will be recognized as Yoga Instructor or Teacher

Benefits accrue from the programs
One can become fit in Physical, Mental level, Socially acceptable and developed in Spiritual level.

What all facilities like food, accommodation, kit will be provided
We provide food, accommodation (twin sharing), kits, course materials.

How is it different from other programs
It is unique because we teach both Patanjali and hatha yoga and four paths of yoga as described by Swamy Vivekananda.

We teach how to cope up with stress through Stress Management programme (SMET), Organise Stop DIABETES workshop, also organizing YCB (Previously known as QCI) exam during course through INDIAN YOGA ASSOCIATION.

Certification issued on completion of course and validity of certificate
Certificate is recognized all over the globe and valid for lifetime.

Eligibility criteria
minimum +12 school or college study

Medical certificate to be attested by Medical Officer
Yes

What are other facilities available in campus
a. Sports = Yes
b. Wifi = Providing Local SIM to activate internet
c. 24/7 medical facility = Yes
d. Library = Yes
limited seats available
Seat allotted on first come first basis, however not more than 25 participants in a month

Testimonials
Yes, please refer to website

Dates of commencement and completion of course
Course conducted every calendar month except April. Starts on 1st and end on 30th.

Facility for filling application online
Only online application accepted

Terms and conditions for course
1. Two photographs are required
2. Passport with valid visa (travelling visa will also works)
3. Education certificates: Original or scan copy accepted
4. No alcohol, no smoking and no non-veg allowed
5. Food will be vegetarian without onion and garlic

Payment option
1. Pay 20% and book the seat and it is not refundable
2. Seat allotment subject to 100% payment.
3. Balance amount can be paid on arrival or before commencement of course

Participants should report two days prior to commencement of course
It would be good to adjust the environments.

Someone should be in contact with lead continuously through mail, whatsapp or phone

YIC schedule will be sent after the payment of 20% and after confirmed admission.